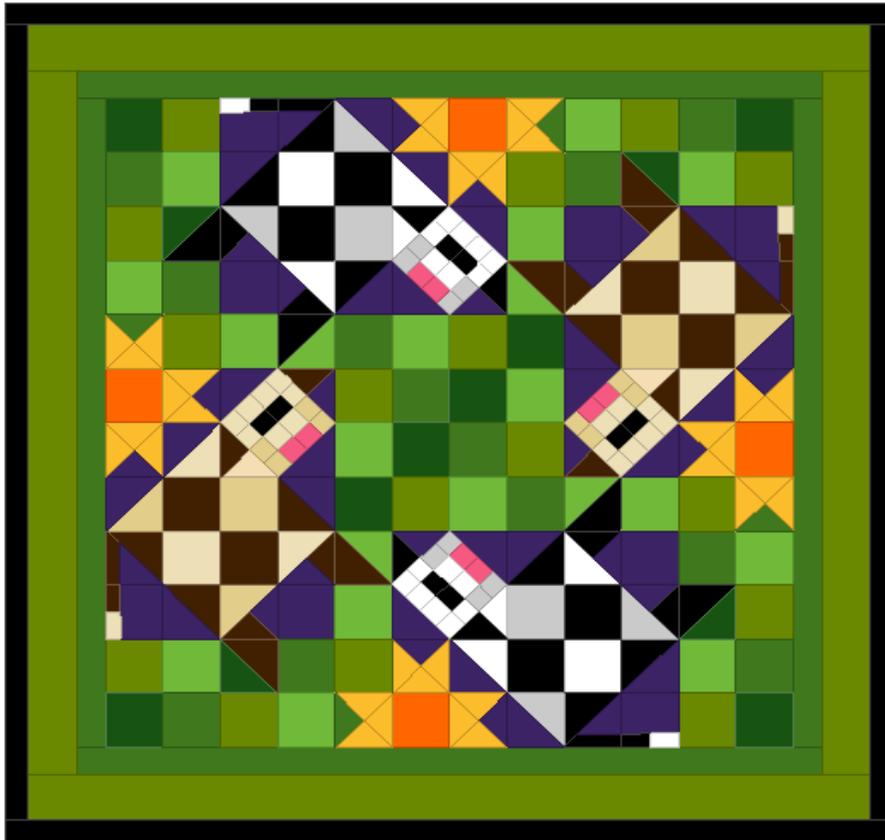


"The Cow Says"

68" x 68"



Materials needed

	Yardage		Yardage
Light Green	1/2 yard	Yellow	1/4 yard
Medium Green	2 yards	Orange	1/4 yard
Medium Dark Green	2 yards	Pink	1/8 yard
Dark Green	1/2 yard	Medium Blue	1 yard
Light Grey	1/4 yard	Cotton Batting	twin size
Brown	1/2 yard	Grid ruler/Rotary cutter	
Black	1 yard	Basting spray	1 can
White	1/4 yard	Sewing machine	
Off white	1/4 yard	Backing fabric	4 1/4 yards if using 44"
Tan	1/4 yard		

Color	Face Strips	5" Square	5½" Square	6" Square	Border Strips
	<i>*see note</i>				
Lt Green		16	2		
Med Green		12		2	2 ½" Cut 4 to size
Med Drk Green		16			4 ½" Cut 4 to size
Drk Green		8	2		
Brown		4	4 (TC)	4	
Black	2 1/8" X 3 5/8" cut 4	4	4 (TC)	4	1 ½" Cut 4 to size, Trim color
White	2 1/8" X 3 5/8" cut 4 2 1/8" X 3 ¾" cut 4	2	3		
Grey	2 1/8" X 3 ¾" cut 4	2	3		
Off Wht	2 1/8" X 3 5/8" cut 4 2 1/8" X 3 ¾" cut 4	2	3		
Tan	2 1/8" X 3 ¾" cut 4	2	3		
Pink	2 1/8" X 3 5/8" cut 4				
Orange		4			
Yellow			6	8	
Med Blue		4	8	8	
Tail Brn	Top Brn (A)	Top Blue (B)	Bottom Brn (A)	Bottom wht (B)	Bottom Blue (C)
All Cut 2	1 ¾" X 5 ½"	3 ¾" X 5"	1 ¾" X 3 ¼"	1 ¾" X 2 ¼"	3 ¾" X 5"
Tail Blk	Top Blk	Top Blue	Bottom Blk	Bottom Wht	Bottom Blue
Cut 2 each	1 ¾" X 5 ½"	3 ¾" X 5"	1 ¾" X 3 ¼"	1 ¾" X 2 ¼"	3 ¾" X 5"

Instructions

Follow chart and cut out all pieces as indicated in the color noted, using a grid ruler and rotary cutter.

Assembly:

Following chart, sew pieces together using a ¼" seam allowance, be careful that seam allowances are all the same, if not adjust and re sew. Trim and square up when needed.

* When I start a project I review the pattern and divide it up to more workable segments. For me it is easier to line up seams and points for better accuracy. This pattern works well as 9 segments, each consisting of 4 across x 4 down. Mentally make a grid and start with row 1, across. Sew the first 4 colors together side to side with ¼" seam allowance. Set aside. Move to row 2, stitch together those 4. Attach row 1 to 2. Row 3, Sew those four and attach to row 2, and so on. I tend to make my special blocks beforehand, and sew them all at the same time, so when it is time to sew rows, I am ready to go.

Working the Face: *Note sizes of the pieces

Work the middle 4 pieces first (2 $1\frac{1}{8}$ " x $3\frac{5}{8}$ " (long sides stitched together). Iron and starch. Sew together the (2) $2\frac{1}{8}$ " x $3\frac{3}{4}$ " pieces (short sides-end to end) for the sides of face. Iron and starch. Add to middle portion. Do the same for the other side, being careful to match all seams carefully. Trim to $6\frac{3}{4}$ " evenly. Set in Triangles and QST to create the face. Following pattern. Trim evenly to $9\frac{3}{8}$ "

Working with Triangles:

Cut a $5\frac{1}{2}$ " square of the appropriate color. Make a cut from point to point (diagonally), there you have 2 triangles.

Working with Half Square Triangles: (HST)

Cut (2) $5\frac{1}{2}$ " square of the appropriate color. Stack one on top of the other, good sides facing. Mark a line with your ruler from point to point on just one, pin. Stitch a line $\frac{1}{4}$ " away from drawn line on both sides of it. Rotary cut point to point on the drawn line. Open and iron. You now have 2 HST. (5" complete) Square up if needed.

Working with combination & Quarter Square Triangles: (QST)

Work with 6" Squares in 2 colors. Stack one on top of the other, good sides facing. Mark a line from point to point, pin, stitch $\frac{1}{4}$ " from line on both sides of the line. Cut on drawn line. Iron open. (HST block) Now rotary cut from point to point the opposite direction of the seam. You now have 4 QST segments.

To make a combination QST. Cut a $5\frac{1}{2}$ " square in the appropriate color and stack on top of one of the HST blocks you just created ($5\frac{1}{2}$ "), good sides facing. Mark a line from point to point in the opposite direction as the piece below. Stitch $\frac{1}{4}$ " on both sides of the line. Cut on line, iron and starch. You have 2 Combination QSTs. (5" complete) square up, trim evenly to make 5" block.

Working the tail:

Tail is worked in 2 blocks.

Block 1 (top) Sew A & B (long sides together, matching bottom edge) trim to $5\frac{1}{2}$ " triangle, (using TC as pattern, then sew with (TC) diagonally. TC = ($5\frac{1}{2}$ " square cut diagonally in half.) Trim evenly to 5" block.

Block 2 (bottom) Sew A & B end to end, then sew with C (long sides). Trim to 5" block. following pattern, add to row.

After you have made all 9 Segments, start sewing the segments together following the pattern. Press

Make sandwich by placing the pressed backing on a flat surface, spray basting adhesive if using, add the batting on top, spray baste on top of batting if using, next layer is the quilt top. Pin. Bring Pin and basted quilt to sewing machine and straight stitch around pieces.

Trim and square quilt. Add bias trim to edges, sew into place. Sign and date quilt.
 COMPLETE..you did it!

Five Inch Square Quick Reference Guide

Great for working with charm squares and **Nickel Quilt®** patterns

Half-Square-Triangle Units Sew these units using a "scarf" 1/4" wide seam. This is a seam that is just a needle width narrower than a full 1/4"

Step 1

Place two squares right sides together and sew on each side of a diagonal line.

Step 2

Cut on the diagonal line.

Step 3

Set the seam and press.

Step 4

Trim to 4 1/2" square.

Combination Units This method creates mirror image units. Sew these units using a 3/16" wide seam. This is a seam that is halfway between 1/8" and 1/4"

Step 1

Start with a unit from step 1 of Half-Square-Triangle units. Unseamed.

Step 2

Draw a diagonal line on the wrong side.

Step 3

Right sides together center this unit on top of a 5" square. Sew 3/16" seam on each side of the diagonal line.

Step 4

Cut on the diagonal line. Press towards the larger triangle.

Step 5

Trim to 4 1/4" square.

Left sided unit Right sided unit

Hourglass Units Sew these units using a "scarf" 1/4" wide seam. This is a seam that is just a needle width narrower than a full 1/4"

Step 1

Start with a unit from step 1 of Half-Square-Triangle units. Unseamed. Draw a diagonal line on the wrong side.

Step 2

Right sides together place on top of another half-square-triangle unit with dark and light triangles opposite each other. Sew on each side of the diagonal line.

Step 3

Cut on the diagonal line and press.

Step 4

Trim to 4" square.